

# Pharmacy Program Updates: Quarterly Pharmacy Changes Effective April 1, 2022 – Part 1

#### **IMPORTANT PHARMACY BENEFIT REMINDERS**

Jan. 1, 2022 is the start of a new year and renewed or new health insurance benefits for most Blue Cross and Blue Shield of Montana (BCBSMT) members. As you see your patients, please consider the following reminders:

- Members' benefits may be based on a new drug list when their plans renew in 2022.
- Discuss your patients' benefits during an office visit or confirm their benefits by calling the number on their ID cards.
- Review the prescription drug list before prescribing medications.
- If your patients need a coverage exception or prior authorization request in order to take a medicine that may be excluded from coverage or included in a utilization management program, please visit the Prior Authorization/Step Therapy Programs section of our provider website at bcbsmt.com/provider for the form and more information.

Treatment decisions are *always* between you and your patients. Coverage is subject to the terms and limits of your patients' benefit plans. Please advise them to review their benefit materials for details.

#### **DRUG LIST CHANGES**

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) will be made to the BCBSMT drug lists. Your patient(s) may ask you about therapeutic or lower cost alternatives if their medication is affected by one of these changes. **Changes effective April 1, 2022 are outlined below.** 

The Quarterly Pharmacy Changes Part 2 article with more recent coverage additions will also be published closer to the April 1 effective date.

#### Drug List Updates (Revisions/Exclusions) - As of April 1, 2022

Non-Preferred Brand <sup>1</sup>	Drug Class/ Condition Used For	Preferred Generic Alternative(s) <sup>2</sup>	Preferred Brand Alternative(s) <sup>1, 2</sup>	
Basic, Multi-Tier Ba	sic, Enhanced and	Multi-Tier Enhanced Drug List Revisions		
INTELENCE (etravirine tab 100 mg, 200 mg)	HIV	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.		
KALETRA (lopinavir-ritonavir tab 100-25 mg, 200-50 mg)	HIV	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.		
SUTENT (sunitinib malate cap 12.5 mg, 25 mg, 37.5 mg, 50 mg (base equivalent))	Cancer	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.		
Drug <sup>1</sup>	Drug Class/ Condition Used For	Generic Alternatives <sup>1,2</sup>	Brand Alternatives <sup>1,2</sup>	
Balanced, Per	formance and Per	formance Select Drug List	Revisions	
ALREX (loteprednol etabonate ophth susp 0.2%)	Allergic Conjunctivitis	Prednisolone acetate ophthalmic suspension		

BENAZEPRIL HCL/ HYDROCHLOROTHIAZIDE (benazepril & hydrochlorothiazide tab 5-6.25 mg)	Hypertension	Members should talk to the about other medication(s) condition.	
CARBIDOPA/LEVODOPA ODT (carbidopa & levodopa orally disintegrating tab 10-100 mg, 25-100 mg)	Parkinson's Disease	carbidopa/levodopa tablets	
LITHIUM CARBONATE (lithium carbonate cap 300 mg)	Bipolar Disorder	lithium carbonate tablets	
METHYLDOPA (methyldopa tab 250 mg, 500 mg)	Hypertension	Members should talk to the about other medication(s) condition.	
PEG-PREP (bisacodyl tab & peg 3350-kcl-sod bicarb-nacl for soln kit)	Bowel Prep	peg-3350/Nacl/Na Bicarbonate/Kcl	
TRANDOLAPRIL/ VERAPAMIL HCL ER (trandolapril-verapamil hcl tab er 2-180 mg, er 4-240 mg)	Hypertension	trandolapril tablets, verapamil ER tablets	
<u> </u>			
		ce Select Drug List Revisi	ons
CARBIDOPA/LEVODOPA ODT (carbidopa & levodopa orally disintegrating tab 25-250 mg)	Parkinson's Disease	carbidopa/levodopa tablets	
HYDROCODONE BITARTRATE ER (hydrocodone bitartrate cap er 12hr 10 mg, 12hr 15 mg, 12hr 20 mg, 12hr 30 mg, 12hr 40 mg, 12hr 50 mg)	Pain	Members should talk to the about other medication(s) condition.	
	Balanced Dru	ug List Revisions	
DAPSONE (dapsone gel 7.5%)	Acne	Members should talk to the about other medication(s) condition.	•
PREDNISOLONE SODIUM PHOSPHATE ODT (prednisolone sod phos orally disintegr tab 10 mg, 15 mg, 30 mg (base eq))	Inflammatory Conditions	prednisone tablets	
		ormance Select Drug List	
BROVANA (arformoterol	Chronic	Generic equivalent availab	
tartrate soln nebu 15 mcg/ 2 ml (base equiv))	Obstructive Pulmonary Disease (COPD)	to their doctor or pharmac medication(s) available for	
EPANED (enalapril maleate oral soln 1 mg/ml)	Hypertension	Generic equivalent available to their doctor or pharmac medication(s) available for	ist about other

FOLBIC (folic acid- pyridoxine-cyanocobalamin tab 2.5-25-2 mg)	Dietary Supplement	Members should talk to the about other medication(s) condition. An over-the-coulatternative medication may	available for their Inter equivalent or	
INTELENCE (etravirine tab 100 mg, 200 mg)	HIV	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.		
NIVA-FOL (folic acid- pyridoxine-cyanocobalamin tab 2.5-25-2 mg)	Dietary Supplement	Members should talk to their doctor or pharmacist about other medication(s) available for their condition. An over-the-counter equivalent or alternative medication may be available.		
SUTENT (sunitinib malate cap 12.5 mg, 25 mg, 37.5 mg, 50 mg (base equivalent))	Cancer	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.		
		nce Select Drug List Exclu	isions	
calcipotriene oint 0.005%	Plaque Psoriasis	calcipotriene cream 0.005%		
isosorbide dinitrate tab 40 mg	Angina	isosorbide dinitrate 20 mg tablets		
MYTESI (crofelemer tab delayed release 125 mg)	HIV/ AIDS-associated Diarrhea	Members should talk to the about other medication(s) condition.		
zolpidem tartrate sl tab 1.75 mg, 3.5 mg	Insomnia	zaleplon tablets, zolpidem tablets		
		e Select Drug List Exclus		
BYSTOLIC (nebivolol hcl tab 2.5 mg, 5 mg, 10 mg, 20 mg (base equivalent))	Hypertension	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.		
	Porformanco Solos	ct Drug List Exclusions		
brinzolamide ophth susp 1%	Glaucoma, Ocular Hypertension	dorzolamide 2% solution		
imiquimod cream 3.75%	Actinic Keratosis	imiquimod 5% cream		
pimecrolimus cream 1%	Atopic Dermatitis	tacrolimus cream		

<sup>&</sup>lt;sup>1</sup>Third-party brand names are the property of their respective owner.

# **DISPENSING LIMIT CHANGES**

The BCBSMT prescription drug benefit program includes coverage limits on certain medications and drug categories. Dispensing limits are based on U.S. Food and Drug Administration (FDA) approved dosage regimens and product labeling. **Changes by drug list are listed on the charts below.** 

BCBSMT letters all members with a claim for a drug included in the Dispensing Limit Program, regardless of the prescribed dosage. This means members may receive a letter even though their prescribed dosage doesn't meet or exceed the dispensing limit.

<sup>&</sup>lt;sup>2</sup>This list is not all inclusive. Other medicines may be available in this drug class.

#### Effective Jan. 1, 2022:

Drug Class and Medication(s) <sup>1</sup>	Dispensing Limit(s)	
Balanced, Performance and Performance Select Drug Lists		
Accrufer		
Accrufer 30 mg (ferric maltol)*	60 tablets per 30 days	
Antifungal Agents - Brexafemme, Cresemba, Noxafil, Tolsura, Vfend		
Brexafemme 150 mg (ibrexafungerp)*	4 tablets per 90 days	
Elagolix/Relagolix		
Myfembree (relugolix, estradiol hemihydrate,	30 tablets per 30 days	
norethindrone acetate)*		
Kerendia		
Kerendia 10 mg (finerenone)*	30 tablets per 30 days	
Kerendia 20 mg (finerenone)*	30 tablets per 30 days	

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## Effective April 1, 2022:

Drug Class and Medication(s) <sup>1</sup>	Dispensing Limit(s)	
Basic, Enhanced, Balanced, Performance, Performance Select Drug Lists		
Anti-Influenza Agents		
Tamiflu (oseltamivir) 6 mg/mL suspension	300 mL per 120 days	
Therapeutic Alternatives		
Ecoza 1% foam (econazole nitrate)	70 grams per 30 days	
Ertaczo 2% Cream (sertaconazole nitrate)	60 grams per 30 days	
Exelderm 1% Cream (sulconazole nitrate)	60 grams per 30 days	
Exelderm 1% Solution (sulconazole nitrate)	30 mL per 30 days	
Luzu 1% cream (luliconazole)	60 grams per 30 days	
naftifine cream 1%	60 grams per 30 days	
Naftin 2% cream (naftifine)	60 grams per 30 days	
Oxistat 1% cream (oxiconazole)	120 grams per 30 days	
Oxistat 1% lotion (oxiconazole)	120 mL per 30 days	
Basic and Enhanced Drug Lists		
Accrufer	_	
Accrufer 30 mg (ferric maltol)	60 tablets per 30 days	
Antifungal Agents - Brexafemme, Cresemba, N	loxafil, Tolsura, Vfend	
Brexafemme 150 mg (ibrexafungerp)	4 tablets per 90 days	
Elagolix/Relagolix		
Myfembree (relugolix, estradiol hemihydrate,	30 tablets per 30 days	
norethindrone acetate)		
Kerendia		
Kerendia 10 mg (finerenone)	30 tablets per 30 days	
Kerendia 20 mg (finerenone)	30 tablets per 30 days	

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## **UTILIZATION MANAGEMENT PROGRAM CHANGES**

Effective **April 1, 2022**, the Deferasirox Specialty PA program will change its name to Iron Chelation. The program includes the same targeted medication, Exjade and Jadenu, and a new one, Ferriprox. This program applies to the Basic, Enhanced, 2021 Health Insurance Marketplace (HIM), 2022 HIM, Balanced, Performance and Performance Select Drug Lists.

<sup>\*</sup> Not all members may have been notified due to limited utilization.

Please see the tables below for additional changes to the standard PA programs.

Effective Date	PA Program	Description of Change	Target Drug	Drug Lists	PA or Specialty PA
4/1/2022	Cholestasis Pruritis	Adding new target drug to existing program	Livmarli	2021 HIM, 2022 HIM, Balanced, Performance and Performance Select	Specialty PA
4/1/2022	Opzelura	New program	Opzelura	2021 HIM, 2022 HIM, Balanced, Performance and Performance Select	PA
4/1/2022	Tavneos	New program	Tavneos	2021 HIM, 2022 HIM, Balanced, Performance and Performance Select	Specialty PA
4/1/2022	Tyrvaya	New program	Tyrvaya	2021 HIM, 2022 HIM, Balanced, Performance and Performance Select	PA

Effective Date	PA Program	Description of Change	Drug Lists	PA or Specialty PA
4/1/2022	Multiple Sclerosis	New criteria requirements	Basic, Enhanced, 2022 HIM, Balanced, Performance and Performance Select	Specialty PA
4/1/2022	Ocaliva	New criteria requirements	Basic, Enhanced, 2021 HIM, 2022 HIM, Balanced, Performance and Performance Select	Specialty PA

Members were notified about the PA standard program changes listed in the tables below.

#### Drug categories added to current pharmacy PA standard programs, effective April 1, 2022:

Drug Category	Targeted Medication(s) <sup>1</sup>
Basic and Enhanced Drug Lists	
Accrufer	Accrufer 30 mg (ferric maltol)*
Kerendia	Kerendia 10 mg (finerenone)*, Kerendia 20 mg (finerenone)*

<sup>&</sup>lt;sup>1</sup>Third-party brand names are the property of their respective owner.

#### Targeted drugs added to current pharmacy PA standard programs, effective April 1, 2022:

Drug Category	Targeted Medication(s) <sup>1</sup>	
Basic, Enhanced and Balanced Drug Lists		
Therapeutic Alternatives	Denavir Cream 1% (penciclovir)*, econazole nitrate 1% foam*, Ertaczo 2% Cream (sertaconazole nitrate)*, Exelderm 1% Cream (sulconazole nitrate)*, Exelderm 1% Solution (sulconazole nitrate)*, Luzu 1% cream (luliconazole)*, naftifine 1% cream*, Naftin 2% Cream (naftifine)*, Naftin 2% Gel (naftifine)*, Treximet 85-500 mg tablet (sumatriptan-naproxen sodium)*, Zovirax Cream 5% (acyclovir)*	
Basic and Enhanced Drug Lists		
Antifungal Agents - Brexafemme, Cresemba, Noxafil, Tolsura, Vfend	Brexafemme 150 mg (ibrexafungerp)*	
Elagolix/Relagolix	Myfembree (relugolix, estradiol hemihydrate, norethindrone acetate)*	
Therapeutic Alternatives	Naftin 1% Gel (naftifine)*	

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Per our usual process of member notification prior to implementation, targeted mailings were sent to members affected by drug list revisions and/or exclusions, dispensing limit and prior authorization program changes. For the most up-to-date drug list and list of drug dispensing limits, visit the Pharmacy Program section of our Provider website.

If your patients have any questions about their pharmacy benefits, please advise them to contact the number on their member ID card. Members may also visit *bcbsmt.com* and log in to Blue Access for Members<sup>SM</sup> (BAM<sup>SM</sup>) or MyPrime.com for a variety of online resources.

<sup>\*</sup> Not all members may have been notified due to limited utilization.

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