

Nurses available anytime you need them

24/7 NURSELINE

Health concerns don't always follow a 9-to-5 schedule.

Fortunately, registered nurses are on call to answer your health questions and give general health tips 24 hours a day, seven days a week.

When should you call?

The toll-free Nurseline can help you or a covered family member get answers to health problem questions, such as:

- Asthma or chronic health issues
- Dizziness or severe headaches
- High fever
- Cuts or burns
- Sore throat

Plus, when you call, you can access an audio library of more than 1,200 health topics — from allergies to women's health — with more than 600 topics available in Spanish.

Note: For medical emergencies, call 911 or your local emergency services first. This program is not a substitute for a doctor's care. Talk to your doctor about any health questions or concerns.



Call 877-213-2565 to get the information you need, just when you need it.