



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.bcbsmt.com/static/mt/pdf/policy-forms/2017/30751MT0550013-01.pdf or by calling 1-855-258-8471.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<p>\$1,400 person/\$2,800 family In-Network</p> <p>\$5,600 person/\$11,200 family Out-of-Network</p> <p>Doesn't apply to prescription drugs and first three In-Network PCP office visits. In addition to, In-Network mental health/substance use disorder office visits, hospice and preventive health. Coinsurance and per occurrence deductibles don't count toward the overall deductible.</p>	<p>You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 3 for how much you pay for covered services after you meet the deductible.</p>
Are there other deductibles for specific services?	<p>Yes. ER \$750; Inpatient \$300/\$1,500; Outpatient Surgery \$200/\$1,500. There are no other specific deductibles.</p>	<p>You must pay all the costs for these services up to the specific deductible amount before this plan begins to pay for these services.</p>
Is there an out-of-pocket limit on my expenses?	<p>Yes. \$3,350 person/\$6,700 family In-Network</p> <p>\$13,400 person/\$26,800 family Out-of-Network</p>	<p>The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.</p>
What is not included in the out-of-pocket limit?	<p>Premiums, penalties, balance-billed charges and health care this plan doesn't cover.</p>	<p>Even though you pay these expenses, they don't count toward the out-of-pocket limit.</p>
Does this plan use a network of providers?	<p>Yes. See www.bcbsmt.com or call 1-855-258-8471 for a list of in-network providers.</p>	<p>If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred, or participating for providers in their network. See the chart starting on page 3 for how this plan pays different kinds of providers.</p>

Questions: Call 1-855-258-8471 or visit us at www.bcbsmt.com/coverage.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-258-8471 to request a copy.

Important Questions	Answers	Why this Matters:
Do I need a referral to see a <u>specialist</u>?	No. You don't need a referral to see a specialist.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 7. See your policy or plan document for additional information about <u>excluded services</u> .



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the health plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- The plan may encourage you to use In-Network **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% coinsurance	50% coinsurance	No charge for the first three In-Network office visits; deductible and coinsurance apply for subsequent visits.
	Specialist visit	20% coinsurance	50% coinsurance	---none---
	Other practitioner office visit	20% coinsurance	50% coinsurance	10 visit maximum per benefit period for chiropractic treatments. 12 visit maximum per benefit period for acupuncture treatments.
	Preventive care/screening/immunization	No Charge	50% coinsurance	Maximum of two electric breast pumps per year. Deductible and coinsurance do not apply to the payment of the first \$70 for out-of-network routine mammograms. Deductible does not apply to out-of-network well child services.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	50% coinsurance	---none---
	Imaging (CT / PET scans, MRIs)	20% coinsurance	50% coinsurance	

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
<p>If you need drugs to treat your illness or condition</p> <p>More information about prescription drug coverage is available at https://www.myprime.com/content/dam/prime/memberportal/forms/AuthorForms/IVL/2017/2017_MT_5T_EX.pdf.</p>	Preferred generic	Retail – No Charge/ \$5 Mail – No Charge	Retail – \$5 copay	<p>Lower copay applies at Value Participating pharmacies. Covers up to a 30-day supply (retail prescription); 30-90 day supply (mail order prescription – in-network only). Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. For Out-of-Network providers you are responsible for 50% of the Average Wholesale Price after the copay, not applicable to the Out-of-Pocket limit. Specialty drugs covered up to a 30-day supply. The 50% coinsurance for Specialty Drugs purchased at any pharmacy, other than a participating Specialty Pharmacy, does not apply to the Out-of-Pocket limit.</p>
	Non-preferred generic	Retail – \$10/\$15 Mail – \$30	Retail – \$15 copay	
	Preferred brand-name (Formulary)	Retail – \$50/\$60 Mail – \$150	Retail – \$60 copay	
	Non-preferred brand-name (Non-Formulary)	Retail – \$100/\$110 Mail – \$300	Retail – \$110 copay	
	Specialty pharmaceuticals	\$250 copay	50% coinsurance	
<p>If you have outpatient surgery</p>	Facility fee (e.g., ambulatory surgery center)	\$200 per occurrence deductible plus 20% coinsurance	\$1,500 per occurrence deductible plus 50% coinsurance	<p>Per occurrence deductible is in addition to the overall deductible and coinsurance. Abortion is not covered except in limited circumstances. Failure to preauthorize prior to service, 15 days for In-Network or 2 days for Out-of-network, may result in claim denial.</p>
	Physician/surgeon fees	20% coinsurance	50% coinsurance	
<p>If you need immediate medical attention</p>	Emergency room services	\$750 per occurrence deductible plus 20% coinsurance	\$750 per occurrence deductible plus 20% coinsurance	<p>Per occurrence deductible is in addition to the overall deductible and coinsurance; waived if admitted.</p> <p>---none---</p>
	Emergency medical transportation	20% coinsurance	20% coinsurance	
	Urgent care	\$20 copay/visit	\$20 copay/visit	

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you have a hospital stay	Facility fee (e.g., hospital room)	\$300 per occurrence deductible plus 20% coinsurance	\$1,500 per occurrence deductible plus 50% coinsurance	Per occurrence deductible is in addition to the overall deductible and coinsurance. Failure to preauthorize prior to admission may result in claim denial.
	Physician/surgeon fee	20% coinsurance	50% coinsurance	---none---
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	No Charge for office visits or 20% coinsurance for other outpatient services	50% coinsurance	Outpatient: Preauthorization required for psychological testing, neuropsychological testing, electroconvulsive therapy, repetitive transcranial magnetic stimulation, intensive outpatient treatment and Autism Spectrum Disorder. Failure to preauthorize prior to service, 15 days for In-Network or 2 days for Out-of-network, may result in claim denial. Inpatient: Per occurrence deductible is in addition to the overall deductible and coinsurance. Residential treatment facilities will be covered if medical necessity criteria are met. Failure to preauthorize prior to admission may result in claim denial.
	Mental/Behavioral health inpatient services	\$300 per occurrence deductible plus 20% coinsurance	\$1,500 per occurrence deductible plus 50% coinsurance	
	Substance use disorder outpatient services	No Charge for office visits or 20% coinsurance for other outpatient services	50% coinsurance	
	Substance use disorder inpatient services	\$300 per occurrence deductible plus 20% coinsurance	\$1,500 per occurrence deductible plus 50% coinsurance	
If you are pregnant	Prenatal and postnatal care	20% coinsurance	50% coinsurance	---none---
	Delivery and all inpatient services	\$300 per occurrence deductible plus 20% coinsurance	\$1,500 per occurrence deductible plus 50% coinsurance	Per occurrence deductible is in addition to the overall deductible and coinsurance.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home health care	20% coinsurance	50% coinsurance	180 visit maximum per benefit period. Failure to preauthorize prior to service, 15 days for In-Network or 2 days for Out-of-network, may result in claim denial.
	Rehabilitation services	20% coinsurance	50% coinsurance	Includes physical, occupational and speech therapy.
	Habilitation services	20% coinsurance	50% coinsurance	No Applied Behavior Analysis (ABA) benefits for Autism Spectrum Disorder available for members 19 years of age or older.
	Skilled nursing care	20% coinsurance	50% coinsurance	60 days maximum per benefit period. Failure to preauthorize prior to admission may result in claim denial.
	Durable medical equipment	20% coinsurance	50% coinsurance	---none---
	Hospice service	No Charge	50% coinsurance	Failure to preauthorize prior to admission may result in claim denial.
If your child needs dental or eye care	Eye exam	No Charge	No Charge	One exam per benefit period for children under age 19.
	Glasses	20% coinsurance	50% coinsurance	One pair of glasses per benefit period for children under age 19.
	Dental check-up	Not Covered	Not Covered	---none---

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other **excluded services**.)

- Abortions (Except where a pregnancy is the result of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger of death unless an abortion is performed)
- Bariatric surgery
- Cosmetic surgery (Except for the correction of congenital deformities or conditions resulting from accidental injuries, scars, tumors, or diseases)
- Dental Care (Adult)
- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care (With the exception of person with co-morbidities, such as diabetes)
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture (12 visit maximum per benefit period)
- Chiropractic care (10 visit maximum per benefit period)
- Infertility treatment (With the exception of in vitro fertilization and prescription medications)

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-855-258-8471. You may also contact your state insurance department at <http://www.csi.mt.gov/industry/insurance.asp>.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Blue Cross and Blue Shield of Montana at 1-800-447-7828, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform, or the Montana Commissioner of Securities and Insurance at (406) 444-2040 or 1-800-332-6148. Additionally, a consumer assistance program can help you file your appeal. Contact the Montana Consumer Assistance Program at 1-800-332-6148 or <http://www.csi.mt.gov>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,540
- Patient pays \$3,000

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$1,700
Copays	\$0
Coinsurance	\$1,100
Limits or exclusions	\$200
Total	\$3,000

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,520
- Patient pays \$1,880

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$1,700
Copays	\$0
Coinsurance	\$100
Limits or exclusions	\$80
Total	\$1,880

Questions and answers about Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

X No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

X No. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 1-855-258-8471 or visit us at www.bcbsmt.com/coverage.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call 1-855-258-8471 to request a copy.

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost.
To talk to an interpreter, call 855-258-8471.

العربية Arabic	إن كان لديك أو لدى شخص تساعدته أسئلة، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة. للتحدث مع مترجم فوري، اتصل على الرقم 855-258-8471.
繁體中文 Chinese	如果您, 或您正在協助的對象, 對此有疑問, 您有權利免費以您的母語獲得幫助和訊息 洽詢一位翻譯員, 請撥電話 號碼 855-258-8471。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-258-8471.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-258-8471 an.
Italiano Italian	Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-258-8471.
日本語 Japanese	ご本人様、またはお客様の身の回りの方でも、ご質問がございましたら、ご希望の言語でサポートを受けたり、情報を入手したりすることができます。料金はかかりません。通訳とお話される場合、855-258-8471 までお電話ください。
한국어 Korean	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-258-8471 로 전화하십시오.
Diné Navajo	T'áá ni, éí doodago ła'da bíká anáníwo'ígíí, na'ídíłkidgo, ts'ídá bee ná ahóótí'i' t'áá níík'e níká a'doolwoł dóó bína'ídíłkidígíí bee níł hodoonih. Ata'dahalne'ígíí bich'į' hodíłnih kwe'é 855-258-8471.
Norsk Norwegian	Hvis du, eller noen du hjelper, har spørsmål, har du rett til å få hjelp og informasjon på ditt språk uten kostnad. For å snakke med en tolk, ring 855-258-8471.

Pennsilfaanisch Deutsch Pennsylvanian- Dutch	Wann du, odder ebber as du an helfe bischt, Questions hoscht, hoscht du's Recht fer Hilf un Information griege in dei eegni Schprooch as nix koschte zellt. Wann du mit en Interpreter schwetze wettscht, kannscht du 855-258-8471 uffrufe.
Русский Russian	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-258-8471.
Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-258-8471.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulongan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-258-8471.
ไทย Thai	หากคุณ หรือคนที่คุณกำลังช่วยเหลือมีข้อสงสัยใด ๆ คุณมีสิทธิที่จะได้รับความช่วยเหลือ และข้อมูลในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย พูดคุยกับลามโดยติดต่อที่หมายเลข 855-258-8471.
Українська Ukrainian	Якщо у Вас чи у когось, хто отримує Вашу допомогу, виникають питання, у Вас є право отримати безкоштовну допомогу та інформацію Вашою рідною мовою. Щоб зв'язатись з перекладачем, зателефонуйте за номером 855-258-8471.
Tiếng Việt Vietnamese	Nếu quý vị, hoặc người mà quý vị đang giúp đỡ, có câu hỏi, thì quý vị có quyền được giúp và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 855-258-8471.