



BlueCross BlueShield of Montana

Tobacco Cessation: Coverage Expanded to Include Approved Medications

Tobacco cessation counseling and screening for adult members who use tobacco products are covered benefits under the Affordable Care Act (ACA). As of Sept. 1, 2014, Blue Cross and Blue Shield of Montana (BCBSMT) expanded coverage for eligible members to include two 90-day treatments for tobacco cessation medications per benefit period with no cost-sharing. This coverage includes certain U.S. Food and Drug Administration (FDA) approved tobacco cessation drugs. In order for benefits to be considered for coverage, the patient must present a prescription from an in-network provider according to the member's benefit plan. A prescription also is required for approved over-the-counter drugs.

[A new flyer](#) is available to help educate our members about tobacco cessation preventive services under ACA. If you are interested in viewing or sharing this flyer with your patients who use tobacco products, go to the Standards and Requirements/Affordable Care Act/Patient Perspective section of our Provider website at <https://www.bcbsmt.com/Pages/provACApatient.aspx>.

The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider.