



Pharmacy Program Highlights – First Quarter 2015

April 2015

Blue Cross and Blue Shield of Montana (BCBSMT) continues to enhance the pharmacy program services and support we make available to you and your patients. This brief first quarter summary highlights recent BCBSMT pharmacy initiatives and provides helpful reminders with links to related resources.

1st QUARTER 2015 HIGHLIGHTS:

Pharmacy Analytics Platform Promotes Member Safety

Administered by Prime Therapeutics, BCBSMT's pharmacy benefit manager, the GuidedHealth® analytics platform supports our Retrospective Drug Utilization Review (RDUR) program and helps identify members with potential drug therapy concerns. The platform integrates medical and pharmacy claims data, applies evidence-based clinical rules and provides medication-related recommendations to providers and members.

GuidedHealth informational letters are sent on a quarterly basis to the identified member's prescribing physician, and potentially the member as well, to help monitor and promote appropriate drug use, patient safety and cost effectiveness of medications prescribed to members. The materials provided in the mailings are for informational purposes only and are not intended as a substitute for a physician's medical judgment. As always, treatment decisions are between the member and their health care provider.

In the first quarter of 2015, letters were sent regarding potential underutilization (non-adherence or non-prescribed drug regimen based on the identified member's condition) in the following areas: ACEI/ARB/RI use in diabetics, statin use in diabetics, gaps in care for a specific condition, inhaled corticosteroids use in asthma and adherence programs (antiviral, cholesterol, diabetes, depression, hypertension and/or respiratory condition). Letters were also sent regarding potential overutilization (improper or unnecessary medication usage) for off-label use (drugs prescribed for use other than what the FDA approves) and members potentially taking high dosages of acetaminophen.

BCBSMT continues to monitor and determine the programs that will be included each quarter.

Self-Administered Specialty Drug Reminder

Effective Jan. 1, 2015, BCBSMT members with Prime Therapeutics LLC as their pharmacy benefit manager are required to use their prescription drug benefit to acquire specialty drugs FDA approved for self-administration through Prime Specialty Pharmacy. These self-administered drugs (oral, topical and injectable) must be billed under the member's prescription drug benefit for coverage consideration.

If services for these FDA-approved for self-administration specialty drugs are submitted on professional/ancillary electronic or paper (CMS-1500) claims, BCBSMT will notify the provider that these claims need to be re-filed through the member's prescription drug benefit. The following message will be returned on the electronic payment summary or provider claim summary: "Self-administered drugs submitted by a medical professional provider are not within the member's medical benefits. These charges must be billed by a pharmacy provider."

To help you determine the correct path for medication fulfillment and ensure that the correct benefit is applied, please refer to the specialty drug list in the Specialty Pharmacy section on our Provider Pharmacy page at <https://www.bcbsmt.com/Pages/Pharmacy.aspx?UserType=Provider>. The list identifies those drugs that are approved for self-administration and therefore covered under the prescription drug benefit.



Note: Please call the number on the back of the ID card to verify coverage for further assistance or clarification on the member's benefits. To contact Prime Therapeutics Specialty Pharmacy, you may fax the prescription to 877-828-3939 or call 877-627-MEDS (6337) for additional information. For factor medications used to treat hemophilia, members can also contact Accredo Health Group Inc. (Accredo®) at 866-712-5007 to obtain these specialty medications.

REMINDERS & HELPFUL RESOURCES:

Submitting Electronic Prior Authorizations via CoverMyMeds® and iExchange®

CoverMyMeds is an online tool available to BCBSMT contracted providers for electronic completion and submission of prior authorization (PA) requests for prescription drugs that are part of the BCBSMT pharmacy PA program. Visit our CoverMyMeds page at <https://www.bcbsmt.com/Pages/pharmacyCoverMyMeds.aspx> to learn more and get started.

iExchange is a web-based tool available to BCBSMT contracted providers for electronic completion and submission of outpatient prior authorization (PA) requests for select specialty drugs, which may be considered eligible for benefits under the member's medical benefit. These drugs include Avastin, Mybloc, Reclast, Botox and Remicade. iExchange also accepts benefit prior authorization requests for medical/surgical and behavioral health services. Visit our iExchange page at <https://www.bcbsmt.com/Pages/proviexchange.aspx> to learn more and get started.

Billing with National Drug Codes (NDCs)

When billing with NDCs on professional/ancillary electronic (ANSI 837P) or paper (CMS 1500) claims, in addition to including the appropriate HCPCS or Current Procedural Terminology (CPT®) information, BCBSMT can identify – and reimburse your office, in most instances, based on – the individual medication that was administered/supplied.

- For quick reference, **NDC Billing Guidelines** and answers to **Frequently Asked Questions** are available in the Claims section on our Provider Education page at <https://www.bcbsmt.com/Pages/proveducation.aspx>.
- An NDC billing tutorial, NDC Units Calculator Tool and the NDC reimbursement fee schedule are available to BCBSMT contracted providers on our secure portal.

General Information

Visit the Pharmacy Program section at <https://www.bcbsmt.com/Pages/Pharmacy.aspx?UserType=Provider> for information on drug lists (formularies), dispensing limits, prior authorization/step therapy, specialty pharmacy and more. Also, continue to watch our [Announcements](#) and [Capsule News](#) newsletter for details.

GuidedHealth is a registered trademark of Prime Therapeutics LLC (Prime), a pharmacy benefit management company. Prime Therapeutics Specialty Pharmacy LLC (Prime Specialty Pharmacy) is a wholly owned subsidiary of Prime Therapeutics LLC (Prime). BCBSMT contracts with Prime to provide pharmacy benefit management, prescription home delivery and specialty pharmacy services. BCBSMT, as well as several other independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime. BCBSMT makes no endorsement, representations or warranties regarding GuidedHealth. If you have any questions about this product or services, you should contact Prime Therapeutics LLC directly.

The relationship between BCBSMT and Accredo Health Group Inc. is that of independent contractors.

Third party brand names are the property of their respective owners.

CoverMyMeds is a registered trademark of CoverMyMeds LLC, an independent third party vendor that is solely responsible for its products and services.



The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Physicians are instructed to exercise their own medical judgment. Please note that the fact that a service has been preauthorized/pre-certified is not a guarantee of payment. Pharmacy benefits and limits are subject to the terms set forth in the member's certificate of coverage which may vary from the limits set forth above. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider.